

Hot Breakfast: Mon, Wed, Fri 7:30A-10A 			Wed 1 10:30AM- ZenDen Yoga 12PM- Aqua Fitness 4PM- Stars & Stripes Social w/ Entertainment	Thu 2 10:30AM- Coffee & Chat 1PM- Show & Tell- Wedding Day Memories 3PM- BINGO	Fri 3 10AM- Fearless Fitness 12PM- Aqua Fitness 2PM- Wordsearch Puzzles 3:30PM- Poker	Office Closed Sat 4  6PM- Independence Day Resident Potluck
Sun 5 11AM- Poolside Relaxation 2PM- Sundae on Sunday	Mon 6 10AM- Fearless Fitness 2PM- Jewelry Making w/ Dona 3:30PM- Poker	Tue 7 10:30AM- Stretch & Strength 2PM- Affinity Care Seminar 4PM- Arts & Crafts: Flower Pot Painting & Planting	Wed 8 10:30AM- ZenDen Yoga 12PM- Aqua Fitness 2PM- Community Chat 4PM- Wine & Cheese Social	Thu 9 10AM - 12PM- Matter of Balance w/ Kelly W. 3PM- BINGO 7PM- Think Tank	Fri 10 10AM- Fearless Fitness 11AM- Brain Health Seminar 12PM- Aqua Fitness 3:30PM- Poker	Sat 11 10:45AM- Chair Yoga 2PM- Movie Matinee & Popcorn
Sun 12 11AM- Poolside Relaxation 2PM- Sundae on Sunday	Mon 13 10AM- Fearless Fitness 1:30PM- Arts & Craft w/ Patti 3:30PM- Poker	Tue 14 10:30AM- Stretch & Strength 11AM- Lunch & Learn: Battling Belly Fat Seminar 4PM- Arts & Crafts: Seashell Photo Frame	Wed 15 10:30AM- ZenDen Yoga 12PM- Aqua Fitness 4PM- Summer Dream & Ice Cream Open House w/ Entertainment	Thu 16 10AM - 12PM- Matter of Balance w/ Kelly W. 3PM- BINGO 7PM- Book Club Meeting	Fri 17 10AM- Fearless Fitness 12PM- Aqua Fitness 12PM- Lunch & Learn: Wellness Thru Cooking 3:30PM- Poker	Sat 18 10:45AM- Chair Yoga 2PM- Movie Matinee & Popcorn
Sun 19 11AM- Poolside Relaxation 2PM- Sundae on Sunday	Mon 20 10AM- Fearless Fitness 2PM- Jewelry Making w/ Dona 3:30PM- Poker	Tue 21 10:30AM- Stretch & Strength 12PM- Lunch & Learn: Dignity Memorial Seminar 4PM- Arts & Crafts: 3D Canvas Painting	Wed 22 10:30AM- ZenDen Yoga 12PM- Aqua Fitness 4PM- Birthday Celebration w/ Entertainment	Thu 23 10AM - 12PM- Matter of Balance w/ Kelly W. 3PM- BINGO 7PM- Think Tank	Fri 24 10AM- Fearless Fitness 12PM- Aqua Fitness 3PM- Shabbat 4:15PM- Poker	Sat 25 10:45AM- Chair Yoga 2PM- Movie Matinee & Popcorn
Sun 26 11AM- Poolside Relaxation 2PM- Sundae on Sunday	Mon 27 10AM- Fearless Fitness 1:30PM- Arts & Craft w/ Patti 3:30PM- Poker 6PM- Dinner & Movie Event	Tue 28 10:30AM- Stretch & Strength 2PM- Hearing Clinic w/ Carol P. 4PM- Arts & Crafts: Suncatchers	Wed 29 10:30AM- ZenDen Yoga 12PM- Aqua Fitness 4PM- Happy Hour w/ The Key	Thu 30 10AM - 12PM- Matter of Balance w/ Kelly W. 3PM- BINGO 4PM- Coloring Meditation	Fri 31 10AM- Fearless Fitness 12PM- Aqua Fitness 12PM- Lunch & Learn: Legacy Healthcare Services 3:30PM- Poker 6:30P- Sound Bath	Resident Led Dining Room Vendor Led Fitness Center Craft Room *Programs are subject to change*



Stars & Stripes Social 7/1 @ 4PM

Join us as we kick off the holiday early with a Pre-4th of July Celebration you won't want to miss! Get ready for an afternoon filled with live music, dancing, food, drinks and great comoany. Bring your friends, meet your neighbors, and celebrate in red, white, and blue style with us! Don't miss the fun, come tour our beautiful community and enjoy the festivities!



Show & Tell- Wedding Day Memories 7/2 @ 1PM

Take a walk down memory lane and join us for a special gathering as we share wedding day memories together. Bring a favorite wedding photo and the story behind it—whether it's heartfelt, funny, unforgettable, or full of tradition.

Come enjoy meaningful conversations, treasured moments, and the opportunity to connect through the memories that made each love story unique.



Independence Day Potluck 7/4 @ 6PM

Celebrate Independence Day with good food, great company, and community spirit. Bring your favorite dish to share and enjoy an afternoon filled with festive fun, conversation, and delicious bites with neighbors and friends.

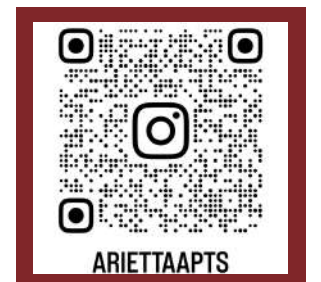


Summer Dream & Ice Cream Open House 7/ 15 @ 4PM

Get ready to scoop up some summer fun! Join us for a sweet afternoon filled with delicious ice cream, refreshing treats, community tours, and a whole lot of sunshine smiles. Build your own ice cream bar & live music!

Live here
Live well.

See our
lifestyle
for yourself!



Wednesday, July 1

**Stars & Stripes Social
4PM- Dining Room**

Join us as we kick off the holiday early with a Pre-4th of July Celebration you won't want to miss!
Get ready for an afternoon filled with live music w/ Sara & Jan, dancing, food, drinks and great comoany.
Bring your friends, meet your neighbors, and celebrate in red, white, and blue style with us!

Thursday, July 2

**Show & Tell:
Wedding Day Memory
1PM- Dining Room**

Take a walk down memory lane and join us for a special gathering as we share wedding day memories together. Bring a favorite wedding photo and the story behind it—whether it's heartfelt, funny, unforgettable, or full of tradition.

Saturday, July 4

**Resident Potluck
6PM- Dining Room**

Celebrate Independence Day with good food, great company, and community spirit. Bring your favorite dish to share and enjoy an afternoon filled with festive fun, conversation, and delicious bites with neighbors and friends.

Tuesday, July 7

**Affinity Care Seminar
2PM- Dining Room**

Join us for an informative and engaging seminar hosted by Affinity Care. Learn valuable insights, discover helpful resources, and connect with professionals dedicated to supporting health, wellness, and quality of life. We look forward to welcoming residents for an afternoon of education and conversation.

Wednesday, July 8

**Community Chat
2PM- Dining Room**

Join us for our Monthly Community Chat & Updates as we come together to discuss upcoming events, share community news, provide updates, and hear your ideas and feedback.

Wednesday, July 8

**Wine & Cheese Social
4PM- Dining Room**

Join us for an evening of great conversation, delicious wine, and a selection of cheeses while connecting with neighbors and friends. Relax, mingle, and enjoy a welcoming social gathering with our community.

Friday, July 10

**Brain Health Seminar
11AM- Dining Room**

Join us for an informative presentation with Danielle, Program Manager of the Memory Clinic at SMH, as we explore an overview of dementia and discuss early-stage signs and symptoms to be aware of. This educational session offers valuable information, increased awareness, and an opportunity to learn more about memory health and available resources.

Tuesday, July 14

**Lunch & Learn:
Battling Belly Fat
Seminar
12PM- Dining Room**

Join us for an informative Lunch & Learn as we explore practical tips and healthy lifestyle habits that support overall wellness and help manage belly fat. Learn about nutrition, daily routines, and simple changes that can make a positive impact.

Wednesday, July 15

**Summer Dream & Ice
Cream Open House
4PM- Dining Room**

Get ready to scoop up some summer fun! Join us for a sweet afternoon filled with delicious ice cream, refreshing treats, community tours, and a whole lot of sunshine smiles.
Build your own ice cream bar & live music w/ Collin.

Friay, July 17

**Lunch & Learn:
Wellness Thru Cooking
12PM- Dining Room**

Join us for an engaging Lunch & Learn focused on wellness through cooking. Discover simple ways to create balanced, flavorful meals while learning tips that support healthy living and everyday wellness. Enjoy lunch, gather new ideas, and connect with fellow residents during this informative and interactive seminar.

Tuesday, July 21

**Lunch & Learn:
Dignity Memorial
Seminar
12PM- Dining Room**

Join us for an informative Lunch & Learn hosted by Dignity Memorial. This educational seminar will provide helpful information, thoughtful conversation, and resources designed to support planning and informed decision-making.

Wednesday, July 22

**Birthday Celebration
4PM- Dining Room**

Join us as we celebrate our June birthdays with an afternoon of music w/ Sara & Jan, cake, and great company! Come together to recognize and celebrate our residents while enjoying sweet treats and lively entertainment.

Monday, June 27

**Dinner & Movie Event
6PM- Dining Room**

Join us for a relaxing evening filled with great food, good company, and a featured film! Residents are invited to sign up for our upcoming Dinner & Movie event and enjoy a fun night right here in the community.

Tuesday, July 28

**Hearing Clinic
2PM- Dining Room**

Join us for our upcoming Hearing Clinic with Hear Again America! Take advantage of this convenient on-site opportunity featuring hearing aid cleaning and hearing testing designed to support your hearing health and overall wellness.
Whether you would like a hearing check or routine hearing aid maintenance, this clinic offers helpful services in an easy and accessible setting.

Wednesday, July 29

**Happy Hour
w/ The Key Homecare
4PM- Dining Room**

Join us for a relaxing Happy Hour hosted by The Key Home Care! Enjoy light refreshments, friendly conversation, and a welcoming afternoon with neighbors and friends. Take time to unwind, connect, and learn more in a casual community setting.